Nicole Rhone is the CEO of Flourishing, LLC, which is a coaching and consulting company that helps both high-performing women and businesses increase their capacity for sustainable success. She is also the host of the five-star rated Flow and Flourish Podcast, an international Diversity, Equity and Inclusion trainer, as well as a highly sought-after Capacity Coach.

This wife and mother of two has spent over a decade as a coach and human resources leader in the corporate sector, supporting thousands of employees globally, so she knows what it's like to wear many hats and juggle competing priorities.

Nicole has worked for and partnered with billion-dollar, fortune 500 companies such as BMO Harris Bank, Roosevelt University and Northwestern Medicine, to help them coach employees, build leadership capabilities and cultivate thriving company cultures. Because of her 20+ years of corporate experience, Nicole understands the unique challenges of busy, high performing women as well as growing businesses, and how a lack of fluidity can create a barrier between them and their next level.

For more information, check out her website at www.nicolerhone.com, or connect with her on Facebook @Nicole Rhone and on Instagram @Nicole Rhone.